

# inspiration log

what  
inspires  
me?

quotes  
songs  
colors  
websites  
exercise  
places  
podcasts  
tv shows  
movies  
youtube clips  
magazines  
catalogues

crafts  
sports  
cooking  
baking  
organizing  
writing  
reading  
shopping  
driving  
traveling  
books  
blogs

people  
e-newsletters  
e-books  
visuals  
workshops  
meditation  
twitter  
doodling

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