



Year Round:

Avocados
Bananas
Bell Peppers
Cabbage

Carrots
Celery
Lemons

Lettuce
Onions
Papayas
Potatoes

Winter

Apples
Bok Choy
Broccoli
Brussels Sprouts
Dates
Endive
Grapefruit
Kale
Mushrooms
Oranges
Parsnips
Pear
Persimmons
Rutabagas
Sweet Potatoes
Tangerines
Turnips
Winter Squash
Yams

Spring

Apricots
Artichokes
Asparagus
Broccoli
Green Beans
Honeydew Melon
Mango
Morel Mushrooms
Mustard Greens
Oranges
Pineapple
Rhubarb
Snow Peas
Spinach
Spring Baby Lettuce
Strawberries
Sweet Corn
Sugar Snap Peas
Vidalia Onions
Watercress

Summer

Apricots
Bell Peppers
Blackberries
Blueberries
Cantaloupe
Cherries
Cucumbers
Eggplant
Garlic
Grapefruit
Grapes
Green Beans/Peas
Honeydew Melon
Nectarines
Peaches
Plums
Raspberries
Strawberries
Sweet Corn
Summer Squash
Tomatoes/Tomatillo
Watermelon
Zucchini

Fall

Acorn Squash
Apples
Bok Choy
Broccoli
Brussels Sprouts
Butternut Squash
Cauliflower
Celery
Cranberries
Endive
Grapes
Mushrooms
Parsnips
Pear
Persimmons
Pineapple
Pomegranate
Pumpkin
Rutabagas
Sweet Potatoes
Turnips
Winter Squash
Yams